

Rutin increases neural crest stem cell survival against damage caused by aflatoxin B₁

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Resumo

Rutina aumenta a sobrevivência das células-tronco da crista neural e atua contra danos causados pela aflatoxina B₁. A crista neural (CN) corresponde a um conjunto de células progenitoras multi e oligopotentes dotadas com potenciais neural e mesenquimal. Os derivados da CN incluem neurônios e células gliais do sistema nervoso periférico, melanócitos, células da musculatura lisa e algumas células endócrinas. No presente trabalho, investigamos pela primeira vez a influência da aflatoxina B₁ (AFB₁) e do flavonoide rutina na sobrevivência e proliferação da CN e de melanócitos derivados deste tipo celular. Para tal, culturas de células da CN de codornas foram tratadas com AFB₁ (30 µM) e/ou rutina (20 µM) durante seis dias. A viabilidade celular foi avaliada por análises de MTT e azul de tripan e a proliferação celular através de marcação com BrdU. Melanócitos foram identificados com uso do marcador celular específico MeIEM. O tratamento com a AFB₁ diminuiu a viabilidade e proliferação das células da CN. O número total de células MeIEM-positivas foi também reduzido após este tratamento, efeito parcialmente revertido através da adição de rutina. No entanto, uma melhor compreensão referente aos mecanismos envolvidos nas interações entre AFB₁ e rutina precisarão ser realizados.

Palavras-chave: Aflatoxina B₁; Crista neural; Diferenciação; Proliferação; Rutina; Viabilidade celular

Abstract

The neural crest (NC) corresponds to a collection of multipotent and oligopotent progenitors endowed with both neural and mesenchymal potential. The derivatives of the NC at the trunk level include neurons and glial cells of the peripheral nervous system, melanocytes, smooth muscle cells and some endocrine cells. The present work investigated, for the first time, the influence of aflatoxin B₁ (AFB₁) and the flavonoid rutin on the survival and proliferation of NC and NC-derived melanocytes. Quail NC cell cultures were treated with AFB₁ (30 µM) and/or rutin (20 µM) for 6 days. Cell viability was assessed by MTT and trypan blue analyses and cell proliferation by BrdU staining. Melanocytes were identified by immunocytochemistry

against the melanocyte-specific cellular marker MeEM. The AFB₁ treatment decreased both NC cell viability and proliferation. The total number of MeEM-positive cells was also reduced after this treatment, an effect partially prevented by the addition of rutin. Our results demonstrated that rutin increases the survival of the NC after damage caused by AFB₁. However, additional studies are needed to better understand the mechanisms involved in AFB₁ and rutin interactions.

Key words: Aflatoxin B₁; Cell viability; Differentiation; Neural crest; Proliferation; Rutin

Introduction

The neural crest (NC) is a population of highly multipotent cells that originate from dorsal neural folds during vertebrate neurulation that give rise to a diverse array of cell types, including neurons and glial cells of the peripheral nervous system, vascular smooth muscle and melanocytes (LE DOUARIN; KALCHEIM, 1999; TRENTIN; CALLONI, 2013). Subsequent to the epithelial-mesenchymal transition, NC cells migrate through specific routes along the vertebrate axial body. Growth factors and extracellular matrix molecules are essential for the migration and differentiation of NC cells (LE DOUARIN; KALCHEIM, 1999; COSTA-SILVA et al., 2009; BITTENCOURT et al., 2013; RAMOS-HRYB et al., 2013).

Abnormal migration, differentiation, division or survival of NC cells lead to organ and tissue dysplasia with highly diverse clinical and pathological features, referred to as neurocristopathies (ETCHEVERS et al., 2006). Therefore, exposure to drugs or environmental chemicals during early embryogenesis, such as ethanol, heavy metals and toxins, causes significant cell death within the NC that might contribute to multiple neurocristopathies (GARIC-STANKOVIC et al., 2006; WENTZEL; ERIKSSON, 2009; FLENTKE et al., 2011; GARIC et al., 2011; NONES et al., 2013).

Mycotoxins are secondary metabolic substances resulting from various strains of filamentous fungi (QING-HUA et al., 2012; BOEVRE et al., 2015). Aflatoxin B₁ (AFB₁) is among the most abundant and toxic mycotoxins (KARAMI-OSBOO et al., 2012), and causes carcinogenicity, hepatotoxicity and mutagenicity (GHADERI et al., 2010; LI et al., 2011), as well as multiple developmental diseases (CILIEVICI et al., 1980; DIETERT et al., 1985). Recently, we

demonstrated that AFB₁ affects NC cell development *in vitro* by decreasing the number of neurons and glial cells (NONES et al., 2013). The co-administration of the flavonoid hesperidin (NONES et al., 2013) or the bentonite clay (NONES et al., 2015) partially prevents cell death caused by this mycotoxin.

Rutin is a natural polyphenolic compound of the human diet that is found in a variety of fruits, vegetables, cereals, teas and wines (NONES et al., 2010; ALMEIDA et al., 2015). We previously demonstrated that rutin reduces NC cell death resulting in enhanced neuronal and Schwann cell populations (NONES et al., 2012a; 2012b). The precise cellular mechanisms of flavonoids during embryonic development are unknown. It has been suggested that rutin can modulate intracellular signaling pathways dependent of PI3K and ERK (HAVESTEEN, 1983; SCHROETER et al., 2002; VAUZOUR et al., 2007; ZAHO et al., 2010; NONES et al., 2011; 2012a).

However, there is no information concerning the effects of AFB₁ or flavonoids in NC-derived melanocyte populations. Therefore, in the present study we investigated the damage caused by AFB₁ on NC and melanocytes *in vitro* and the possible effect of rutin in preventing this damage. Our data show for the first time that the concomitant treatment of rutin with AFB₁ improves NC survival and proliferation against cell death caused by AFB₁.

Material and Methods

Rutin (C10H30016) was obtained from Sigma (number 207671-50-9) and maintained in a stock solution of 10 mM diluted in dimethyl sulfoxide (DMSO) (Sigma) that was kept at -20 °C and protected from light.

Quail NC cell cultures were performed as described by Trentin et al. (2004) and Nones et al. (2013). Briefly, neural tubes obtained from quail embryos (18-25 somite stage) were dissected at the trunk level and plated in plastic culture dishes (Corning). After 24 h, emigrated NC cells were harvested for secondary plating (400 cells per well of a 96-well plate). Cultures were maintained for an additional 6 days in a medium containing the following: α -minimum essential medium (α -MEM; Gibco) enriched with 10% fetal bovine serum (Cultlab), 2% chicken embryonic extract, penicillin (200 U/mL) and streptomycin (10 μ g/mL) (all from Sigma). Cells were incubated at 37 °C in a 5% CO₂ humidified atmosphere. The medium was changed every 2 days. Each culture was incubated with DMSO (control group) or with 20 μ M of rutin. In order to determine the role of rutin in cell survival, 20 μ M of rutin was added (alone or concomitant) to cells treated with AFB₁ (30 μ M).

The viability of NC cells was determined by trypan blue staining (YOUN et al. 2013) and by 3-(4,5-dimethyl-2-yl)-2, 5-diphenyl-2 H-tetrazolium bromide (MTT) (NONES et al. 2012a; 2013) assays. For the trypan blue analysis, NC cells were treated with rutin (20 μ M) and AFB₁ (30 μ M) alone or in combination, for 6 days, trypsinized and subsequently collected by centrifugation. After washing in PBS, cells were stained with a 0.4% trypan blue solution at room temperature for 3 min, and then counted using a hemocytometer and a light microscope. At least one thousand cells were observed and the percentages of unstained (viable) and stained (nonviable) cells were determined. For the MTT assay, 0.5 mg/mL of MTT solution was added to the culture medium 2 h before completing the treatment described above. The medium was then gently removed, 100 μ L of DMSO was added to each well, and the resulting product was incubated for 10 min. The formazan product generated was then solubilized with DMSO and the absorbance was measured at 570 nm.

Cultured cells were fixed with 4% paraformaldehyde for 15 min and permeabilized with 0.2% Triton-X-100 (Vetec Química Fina Ltda) for 5 min at room temperature. Subsequently, cells were incubated with 5% bovine serum albumin (BSA, Sigma) in PBS (blocking solution) for 1 h, followed by overnight incubation at

4 °C with the melanoblast/melanocyte early marker (MelEM) monoclonal (mAb) antibody (NATAF et al., 1993) diluted in blocking solution. Cells were then extensively washed in PBS and incubated for 2 h with goat anti-mouse IgG-Alexa Fluor® 488 (obtained from Invitrogen). Detailed procedures are described elsewhere (TRENTIN et al., 2004; COSTA-SILVA et al., 2009; NONES et al., 2012a). Cell nuclei were stained with 4', 6-diamidino-2-phenylindole dihydrochloride (DAPI; Sigma). Fluorescent labelling was observed with an epifluorescent microscope (Olympus IX71). The negative control was obtained by omitting the primary antibody. No reactivity was observed.

Cell proliferation was analyzed as described by Costa-Silva et al. (2009). Briefly, NC cell cultures were incubated with 5-bromo-2-deoxyuridine (BrdU; 10 μ M, 12 h), fixed, and immunostained with mouse anti-BrdU (Calbiochem) and rabbit anti-mouse IgG-FITC (Southern Biotechnology) antibodies. Cell nuclei were stained with DAPI and viewed as described above.

Cell death was quantified by assessing the characteristic nuclear changes (e.g., chromatin condensation and nuclear fragmentation) using DAPI nuclear binding dye as previously described (COSTA-SILVA et al., 2009; NONES et al., 2012a). Briefly, cells were fixed with 4% paraformaldehyde and washed in PBS. The cell nuclei were then stained with DAPI and visualized/analyzed with an epifluorescent microscope (Olympus IX71).

Statistical significance was assessed by one-way analysis of variance (ANOVA) followed by Tukey's post-hoc test, when appropriate, using GraphPad Prism 4.0. $P < 0.05$ was considered statistically significant. The experiments were performed in triplicate and each result represents the mean of at least three independent experiments.

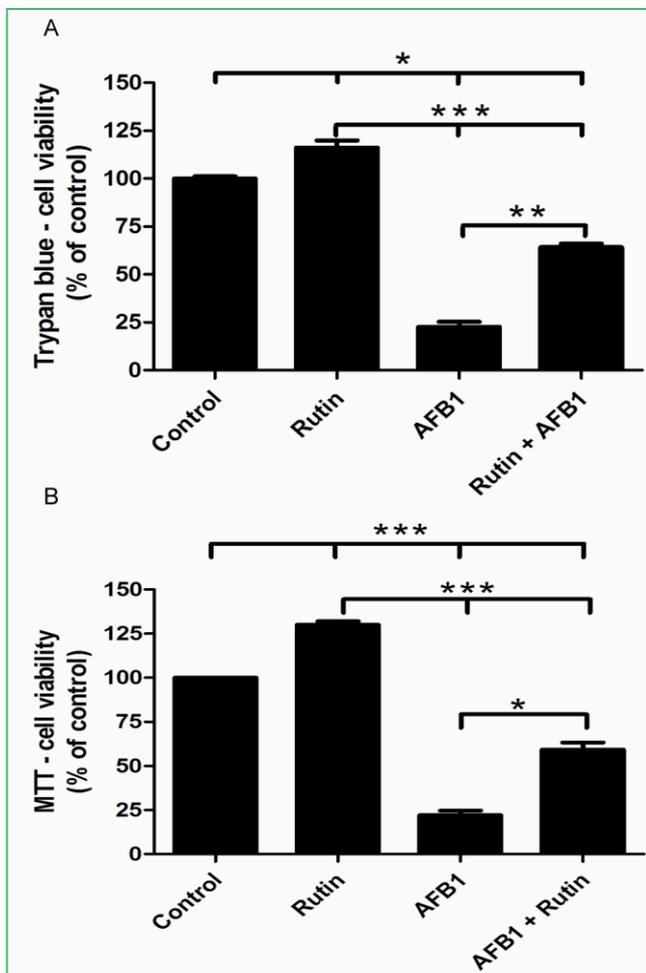
Results

Our previous results showed that hesperidin decreases (0.64-fold) the number of apoptotic cells of NC, suggesting partial protection. This effect was also observed for the MTT assay, in which hesperidin

(20 μM) added concomitantly to aflatoxin B₁ (30 μM) promoted a 1.4-fold increase in cell viability compared to the treatment with only 30 μM of aflatoxin (0.31 and 0.22 absorbance, respectively) (NONES et al., 2013). In order to evaluate whether rutin influences NC cell viability, cultures of quail trunk NC cells were incubated with DMSO (control group) or with 20 μM of rutin, as described in the Material and Methods. Rutin increased the viability of NC in relation to the control group for the trypan blue assay (Figure 1A). On the other hand,

and similar to our previous results (NONES et al., 2013), a significant decrease in NC cell viability (4.5 fold reduction) in relation to the control was observed after the treatment with AFB₁. This effect was partially prevented by the concomitant addition of rutin resulting in an NC cell viability increase (2.9-fold) compared to the AFB₁ treatment alone (Figure 1A). These findings were confirmed by the MTT analysis, in which rutin improved the NC cell viability compared to the control condition (Figure 1B). Instead, the AFB₁ treatment resulted in a 4.5-fold reduction in these values. As for the trypan blue assay, the concomitant addition of rutin resulted in values 3.1-fold greater than those where the mycotoxin was used alone (Figure 1B).

FIGURE 1: Rutin increases NC cell survival after damage caused by AFB₁. Secondary cultures of quail trunk NC cells were incubated with DMSO (control group), 20 μM of rutin, 30 μM of AFB₁ or 20 μM of rutin concomitantly added with 30 μM of AFB₁. After 6 days of treatment, cell viability was analyzed using trypan blue (A) and MTT assays (B). The results represent the mean of three independent experiments performed in triplicate \pm SEM. *** P <0.01; ** P <0.05 or * P <0.1 compared to control or treatment groups.



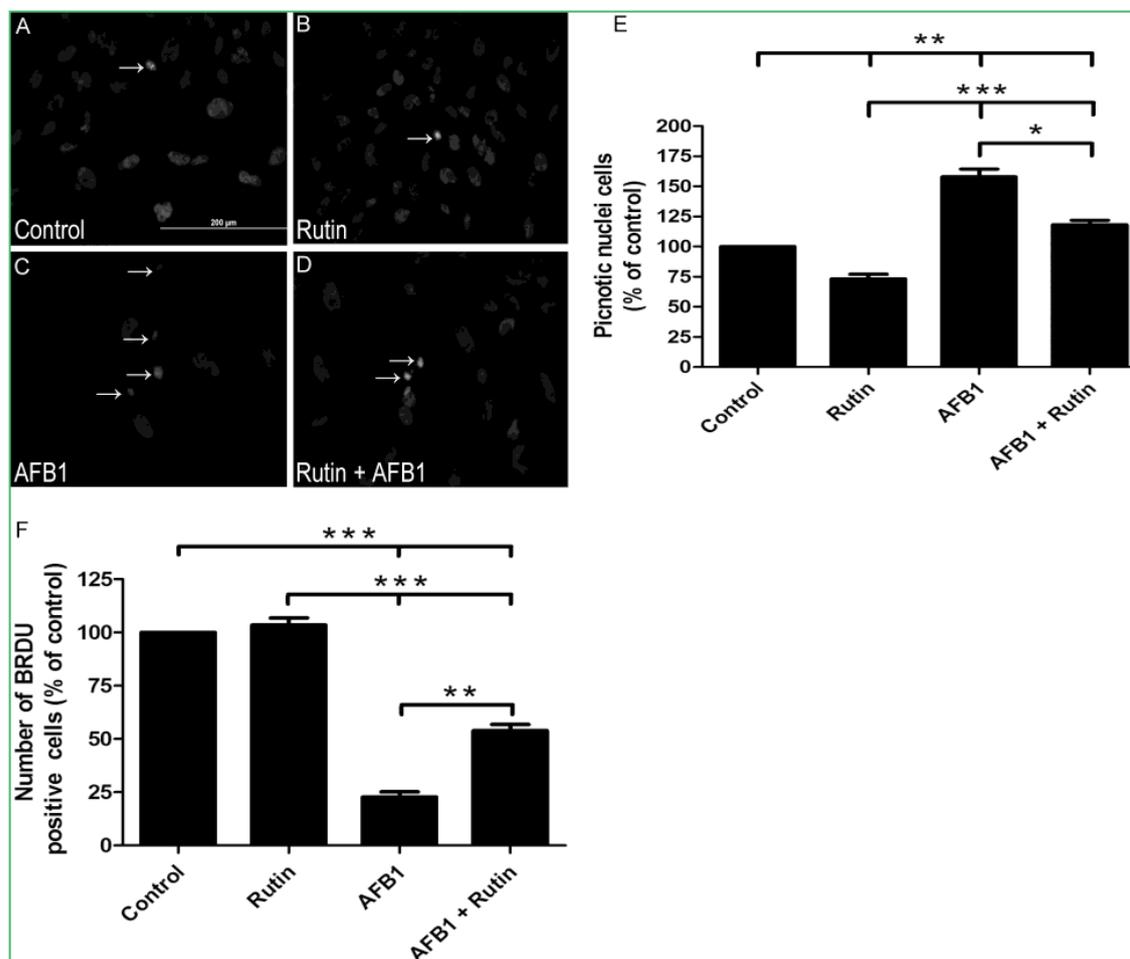
We therefore postulated that the effects of rutin in NC viability could be due to (1) decreased cell death and/or (2) enhanced cell proliferation.

NC cell death was then assessed by the quantification of picnotic nuclei after DAPI staining in a 6-day culture (Figure 2 A-E). The proportion of dead cells was reduced 0.73-fold in NC cell cultures treated with rutin compared with the control condition (Figure 2, A-B, E). As expected, AFB₁ increased the percentage of picnotic nuclei by 1.58-fold when compared with the control (Figure 2A-C, E). The co-administration of rutin with AFB₁, however, reduced this value by 0.75-fold, corroborating the previous results and further demonstrating its effect in promoting NC cell survival from the damage caused by AFB₁ (Figure 2D-E).

Next, we evaluated the possible effect of the flavonoid on NC cell proliferation using a BrdU incorporation assay (Figure 2F). Similar proportions of BrdU-positive cells were observed in control cultures and after treatment with rutin. AFB₁ reduced the percentage of BrdU-positive cells 4.5 and 4.4-fold when compared to the control and rutin-treated cultures, respectively. This effect was partially prevented when rutin was concomitantly added to AFB₁, resulting in values 1.88-fold higher.

Previously, we demonstrated that AFB₁ reduces the viability of neurons and glial cells derived from the NC, an effect partially prevented by the flavonoid hesperidin (NONES et al., 2013). Hence, we investigated here the

FIGURE 2: AFB₁ reduces NC cell proliferation and rutin partially prevents this effect. Secondary cultures of quail trunk NC cells were incubated with DMSO (control group), 20 μ M of rutin, 30 μ M of AFB₁ or 20 μ M of rutin concomitantly added with 30 μ M of AFB₁ (A-D). After 6 days of treatment, picnotic nuclei cell (E) and cell proliferation (BrdU) was analyzed (F). The results represent the mean of three independent experiments performed in triplicate \pm SEM. ***P<0.01; **P<0.05 or *P<0.1 compared to control or treatment groups. Scale bar = 200 μ m.

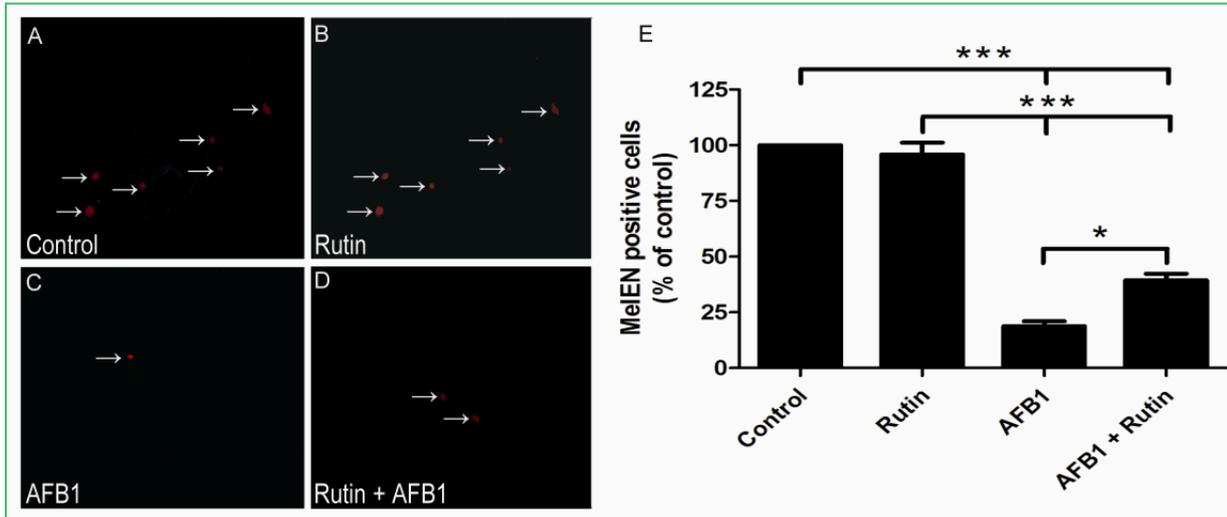


influence of rutin and AFB₁ in melanocyte populations, another cell phenotype that originates from the NC (TRENTIN; CALLONI, 2013). Secondary cultures of quail trunk NC cells were incubated with the vehicle (control group) or with 20 μ M of rutin. After 6 days of treatment, MelEN-positive cells were analyzed by immunocytochemistry.

Figure 3 shows representative pictures of melanocytes identified by the expression of their

phenotypic marker MeEM (Figure 3 A-D) and the corresponding quantitative analysis (Figure 3E). In rutin treated cultures, the MeEM-positive cells per field was similar to the control group (Figure 3 A-B, E). The total melanocyte population was reduced 5.5-fold by the AFB₁ treatment compared to control cultures (Figure 3 C, E). This effect was partially prevented by the concomitant addition of rutin, resulting in a 2.16-fold increase in value (Figure 3 D, E).

FIGURE 3: Rutin increases the survival of NC-derived-melanocytes after damage caused by AFB₁. Cultures of quail trunk NC cells were incubated for 6 days with DMSO (control group) or 20 μM of rutin, 30 μM of AFB₁ or 20 μM of rutin concomitantly added with 30 μM of AFB₁. Representative pictures (A-D) and quantitative analysis of MelEN-positive melanocytes (E). The results represent the mean of three independent experiments performed in triplicate ± SEM. ***P<0.01 or *P<0.1 compared to control or treatment groups. Scale bar = 200 μm.



Discussion

In a previous study we demonstrated that hesperidin increases the survival of central nervous system neurons, although rutin had no influence (NONES et al., 2011). In our recent work, hesperidin enhanced NC cell survival when concomitantly added with AFB₁ (NONES et al. 2013). The present study demonstrates for the first time that rutin promotes survival of NC cells and protects against the toxic effects of AFB₁. Rutin also protects the NC-derived melanocytes from AFB₁ toxicity. Hesperidins (flavanone group) have a saturated heterocyclic C ring and consequently a lack of conjugation between the A and B rings, in contrast to rutins (flavone group), which are defined by their UV spectral characteristics as well as by their lower antioxidant activity (RICE-EVANS et al., 1996). Similarity in the expression, affinity and/or chemical structures of putative receptors of flavonoids might explain the similar effects between these flavonoids (NONES et al., 2010; 2011).

Mycotoxins influence cell division, membrane integrity and viability; moreover, they induce apoptosis in several human and animal cells (KÖNIGS et al., 2007; CHEN et al., 2014; NONES et al., 2015; SUN et al.,

2015). Aflatoxins are highly electrophilic molecules able to react with the nucleophilic sites of macromolecules, thus creating the basic mechanisms for cell death, mutagenesis and carcinogenesis (LI et al., 2011; AGAR et al., 2013). These data attest to the high toxicity of aflatoxin B₁ demonstrated in our results.

Rutin, on the other hand, can protect neuronal cells through its antioxidant effects (NONES et al., 2011; 2012a; 2012b). Indeed, the involvement of rutin in the modulation of cell death, through activation of the ERK and PI3 kinase pathways has recently been demonstrated (NONES et al., 2011; 2012a). Further, we have verified that rutin can partially protect NC cells from the toxicity of aflatoxin B₁. However, additional studies are necessary to identify the pathways involved with these effects.

In addition to the effects on cell death, our results show that rutin can prevent the decrease of NC proliferation caused by AFB₁. Similar studies have shown that AFB₁ also inhibits the proliferation of other cell types, such as kidney cells of rats (CHOU et al., 1993), bovine mammary epithelial cells (FOROUHARMEHR et al., 2013) and human lymphoblastoid cells (LUONGO et al., 2014). On the other hand, studies have also shown that this effect can be avoided by co-treatment with

flavonoids, such as ternatin (SOUZA et al., 1999) and hesperidin (NONES et al., 2013).

Microenvironmental factors that affect cell survival and proliferation during embryonic development can be extremely significant (CHEN; SULIK, 1996; MALLO, 1997; HAZELTINE et al., 2014). Substantial evidence supports the critical role of environmental chemicals in promoting birth defects by affecting the viability of NC cells (WEST et al., 1994; KOTCH et al., 1995; CHEN; SULIK, 1996; DUPIN et al., 2010). In this study we demonstrate a new role of rutin in promoting the survival of NC cells and NC-derived melanocytes *in vitro*. The flavonoid rutin may be useful in the protection against toxic elements, like AFB₁, and, thus, in the prevention of malformations and/or neurocristopathies.

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