"I love all art that looks like I feel", says Richard Morris. "So do I", would I add. In fact, I like his poetry: it is rich, spontaneous, creative.

Morris's poems are light because they are expressed in everyday language. They are inventive in that they re-paint reality. They cry out for the unconscious and, for that, they are surrealistic.

The non-acceptance of Van Gogh's death, the warm description of Mozart's death, the supposed quarrel between Da Vinci and Michelangelo, are some of the episodes discovered by Morris's subconscious as a strong reality, the super reality of existence.

Richard Morris paints his poetry automatically from his psyche. The colors might be aggressive; the shapes grotesque. And yet, it does not shock us, not even when he says: "I hate all things that are not like me".

POETRY IS A KIND OF WRITING is a thin volume of selected poems written during a decade (1964 - 74) and arranged in roughly chronological order. It is a book worth reading - when we finish it we want some more, for "poetry is a kind of writing". Sometimes it rhymes, sometimes it doesn't. Everyone should read it. The more you eat, the better it tastes.