Ideology and alienation: A necessary relationship

Maria Norma Alcantara Brandão Holanda¹
https://orcid.org/0000-0002-8505-7828

¹Universidade Federal de Alagoas, Faculdade de Serviço Social, Programa de Pós-Graduação em Serviço Social, Maceió, AL, Brazil

Abstract: This article results from a research focused on ideology and alienation as social complexes present in the world of men, and on fundamental determinations that connect these two categories in human thought and praxis. The study aims to reflect on the ontological foundations and roles in society of ideology and alienation, based on the thought of Georg Lukács (2013) in his work Para uma Ontologia do Ser Social [Toward the Ontology of Social Being]. The article is structured in two distinct and connected moments, discussing first ideology and the fundamental base of the concepts. Then, the work debates alienation as an ideological phenomenon, particularly when it comes to reifications and their relevance to the critique of capitalism.

Keywords: Ideology. Alienation. Daily life. Capitalism.


© The Author(s). 2019 Open Access This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/), which permits use, distribution, and reproduction in any medium, since it’s for non-commercial purposes, and provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made.
Introduction

There are many publications on ideology and alienation, for no other reason than the importance they hold in analyzing different societies, even primitive ones. The Marxian theoretical rigor of Lukács’s (2013) postulations in Para uma Ontologia do Ser Social [Toward the Ontology of Social Being] leads him to an analysis in which work assumes centrality as a fundamental fact, originally bearer of a teleological positing, which is a determination appropriated by Marx (1988) in Capital, in the distinction between the worst architect and the best bees. The work, a founding phenomenon of all social praxis (including economic praxis), the teleological positing only becomes an authentic teleological act when there is material realization. On the other hand, the causal chain – the material part of labor – teleologically in movement, would never arise from the causality of the natural being, a circumstance that does not deny that natural causal moments, which exist independently, can become active.

In Lukács (2013) thoughts, there is no methodological dualism in which economics appears mechanically as necessary legality, unrelated to the field of the superstructure, in this case, the field of ideology. The teleological positing that are at the basis of ideology, often mediated in a very complex way by the division of labor, although having a teleological-causal nature, they differ from those of labor. They are different insofar as the ends that provoke and materialize them are not directly aimed at the metabolism of society with nature but intend to influence other people, to lead them to a desired teleological positing. The ideology teleological positing whose function is to address the consciousness of other people are called by Lukács (2013) secondary teleological positing, precisely because they differ from labor (primary teleological positing, whose central function is to characterize itself as an act of consciousness about nature’s objective materiality).

The object of the teleological positing that intend to influence other people’s consciousness is not even close to the object of the teleological positing of labor. In the later, according to Lukács (2013), the discussion is about whether the apprehension of ontological connections from nature is correct. When it comes to influencing other people’s consciousness, the more mediated, the more qualitatively unpredictable is the material. However, there is a decisive common element in both cases: the success or failure of the teleological positing depends on the knowledge that one has of the reality to be transformed, since the subject can proceed correctly so that the forces to be in movement update, as desired, the causal chains that are immanent to them.

These general ontological foundations are also present in the case of alienation, understood as a process of inhumanity socially constructed by people in the daily life of society. In capitalism, as prioritized in this article, one observes the appearance of automation of things and not of acts of human praxis; this is how commodities appear in the process of exchange as if the commodities alone could move. Their movement presupposes relations between buyers and sellers. Marx (1988) had already dissolved this reifying aspect in practical-human teleological acts when stating that commodities do not go by themselves to the market.

This theme is particularly important, since, according to Lukács’ (2013) elaborations, the critique of capitalism necessarily involves an analysis of the forms of alienation it generates and its ideological nature. Both alienation and ideology are originated from everyday life and are directed to everyday life. Therefore, the day-to-day is placed in this relationship as a medium between the general economic structure of society and that of human beings.

Based on these reflections, this article aims to examine the categories of ideology and alienation, their ontological foundations, determinations, and the connections they have to each other. The article is organized into two distinct and connected moments. First, the category of ideology is presented, showing its fundamental bases. Then, the alienation is explored, as a phenomenon that is also ideological (particularly regarding the reifications), as a way of being of alienations in capitalism, an aspect that is observed in the “Lukascian” ontology.

The choice of the theme results from the research that has been carried out on Lukács’ thinking and his contribution to the criticism of the bourgeois social being.

Ideology’s ontological foundation

The Lukacsian reflection not only on ideology but on all ontology refers to the notion of social totality as a complex of complexes and to work as the ultimate foundation of the relationships operating in the world of men. Lukács (2013) begins the discussion on the problem of ideology by criticizing the double meaning that Gramsci3 (1949, 1967 as cited in Lukács, 2013) attributed to this category. While recognizing the merit of having articulated the ever-stealthy ambiguity of this very important term, Gramsci immediately incurs a conventional abstraction since, even by understanding the superstructure coming from an economic base as an ideology, Gramsci understands the concept in a judgmental sense as an arbitrary formation of the individual’s thought (Lukács, 2013, p. 464). For
the Hungarian scholar, as long as an idea remains the product of an individual’s thinking, it cannot be considered ideology, even if it is endowed with value or depreciation (Lukács, 2013). Likewise, even if disseminated relatively broadly, a set of ideas cannot be directly transformed into ideology.

Ideological forms, whether legal, political, religious, artistic, or philosophical, necessarily presuppose a particular function in human-social conflicts. It is that ideal elaboration of reality in which people become aware of the conflicts they experience and face to find solutions. Therefore, ideology – in the Lukacsian sense – is a form of ideal elaboration of reality that acts in human-social conflicts, making human praxis both conscious and operative.

This applies not only to economic revolutions but to the totality of social life because one must not separate the great social crises from the economic process of reproduction. Marxian economics demonstrate the veracity of this argument in that C-M-C metamorphosis; According to Lukács (2013), the possibility of the crisis is already there, and it is not discussed here whether this possibility will become a reality. What is essential is that a radical change of structure and dynamics only emerges when, within the social being, the transition occurs from one formation to another or a decisively new period of formation, a consequence of the development (Lukács, 2013, p. 465).

By bringing this Marxian determination into the daily life of each of the formations, and identifying the ideological forms as a means that can bring into consciousness and face the problems of this daily life, Lukács (2013, p. 465) unites ontologically the two concepts of ideology mentioned by Gramsci (1949, 1967 as cited in Lukács, 2013, p. 465): Ideology is above all the ideal form of elaboration of reality that makes human social praxis conscious and capable of acting. Thus, the conceptions’ necessity and universality emerge in order to address the conflicts of the social being: In this sense, every ideology has its own Geradesein, or “just-being-so”: it has its origin immediately and necessarily in the social hic et nunc of men who act socially.

The Lukacsian formulation establishes that, under certain historical circumstances, human reactions to the socioeconomic environment can become ideology and that this universal possibility preserves the marks of its genesis, regardless of whether these marks become imperceptible, which will depend on their functions in social conflicts. In any case, Lukács (2013) argues that ideology is a means of social struggle, which characterizes every society, at least that of the prehistory of humanity. Its judgmental meaning, as false consciousness, comes from this role as a means of social struggle. However, being true or false does not make from a point of view an ideology. A true or false point of view, a scientific hypothesis or a theory, being true or false, per se, are not ideologies, as observed. They can be converted into ideology only after they have become a theoretical or practical vehicle for confronting and resolving social conflicts, be they to a greater or lesser extent, episodic, or even when determining the destinies of the world (Lukács, 2013, p. 467).

Therefore, regardless of how ideologies are manifested throughout history, whether through traditions, religious convictions, scientific theories, and methods, for example, they must realize the social function of being means of struggle within human-social conflicts. In addressing these elements, Lukács (2013) pointed out the broad and exact sense of ideology. Therefore, the gnoseology will not be the solution to clarify the differentiation between ideology and non-ideology, but it is up to the social role to decide whether something becomes an ideology, and the gnoseology, by its very essence, does not have a say on that (Lukács, 2013, p. 569).

Turning to the history of heliocentric astronomy or the theory of organic development, Lukács (2013) realizes that the fact that both are scientific theories, true or false, does not make them ideologies. It was only after the use of the positions based on the conceptions of Galileo and Darwin as a means to fight against the social antagonisms present at that moment in human history that they became operating ideologies. The concrete sense of ideology for Lukács (2013, p. 468) is broader than that of the exact concept, inasmuch as the passage of an idea to the ideological sphere can take place on the path traveled through multiple mediations, including in such a way that only in the process of mediation this transformation becomes a fact. This means that, in the social being, nothing takes place whose upcoming is not self-determined. This apparent tautology falls apart when, without excluding the biological determination immanent to the reproduction of the social being, such determinations become increasingly social.

Thus, there is no component, from feeding to sexuality, until the abstract externalization of an idea (Gedankenäußerungen), of the social being whose concrete just-being-so is not essentially co-determined by the social circumstances of its birth. This is the only meaning of the most general of the determinations of ideology (Lukács, 2013, p. 469).

It is precisely in these aspects formulated above that one finds the concreteness of the human as a social being, the universal sociability and all vital manifestations, observed from the most primordial acts, as is the case of labor and language, to the other objectification of life in society. Both, objectification and externalization, fundamental components of all human acts, have this double nature: on the one hand, they determine all vital manifestations in a universal and therefore generalizing way; on the other, and simultaneously, they form their specifically social uniqueness (Lukács, 2013, p. 469). Uniqueness is present in all things and processes. Fingerprints, for example,
denote the uniqueness of a person in biological terms; at the social level, the uniqueness represents a complex
synthesis between the teleological positing and the reactions to the positing from other, regulated by the individual.
The resulting personal unity, according to Lukács (2013), also has a dual objective character inseparably unitary.
On the one hand, the personal dimension (essence) of the individual is objectified in the way they react to the
alternatives posed by life; on the other hand, and at the same time, however, the alternatives are socially determined,
result from the social *hic et nunc* in which man lives and acts. Therefore, the choices made in the face of the
possibilities encountered are at the essence of the individual as a natural person.

In this sense, it is possible to say that being a person, achieving personal success, and reacting in a
specific way to the historical-social just-being-so, are two sides that integrate the same complex. Moreover –
against certain prejudices – the more developed the personality, the higher the success (Lukács, 2013, p. 470).

On these reflections, Marx and Engels (1993, p. 54) rightly mentioned that the true spiritual wealth of the
individual depends on the richness of their real relations, hence the claim that it is not consciousness that
determines life, but the life that determines consciousness (Marx & Engels, 1993, p. 37) clearly demonstrates
its remission to an awareness of individuals who have a practical activity. Therefore, all personal achievements,
be they practical, intellectual, artistic, or other dimensions, are determined by the social being in which the
individual lives and acts. This is the foundation of all science concerning society.

Ideology presupposes the existence of social conflicts whose immediate ontological bearers are the singular men.
That is why, on an immediate level, all conflicts are also manifested as clashes of interests between singular men or
between the singular men and human groups or between two human groups (Lukács, 2013, p. 471). However, the strictest
and most precise determination of ideology is that men become conscious and, with the help of ideologies, they engage in their
social conflicts whose ultimate foundations lie in economic development. According to Lukács (2013, p. 471), the analysis
of this limited area simultaneously provides the key to a more concrete understanding of a larger area, especially by
uncovering the real ontological links between the two.

Therefore, it is possible to conclude that the existence of ideology presumes social conflicts that are primarily locked
in the socioeconomic field, with consequent development in their specific concrete forms, in each concrete society. Because
people are the immediate ontological bearers of all social activity, including conflicts, antagonistic interests between them
can only be effectively addressed when members of a group are convinced that their vital interests coincide with essential
interests of society in general. It does not matter whether this

is imposed by conviction, through frank or veiled violence, through manipulations. This does not contribute to
determine if these constitute an ideology or to confirm that the content corresponds to the tendencies of the
time or if it is opposed to these tendencies. Neither does it matter if what guides the ideologically determined
action is sincere or hypocritical. Although these aspects are decisive for the historical-social evaluation of the
singular ideologies’ content, they are not determinant of the ideology in general terms.

The main issue is that the emergence of such ideologies assumes that social structures in which different
antagonistic groups and interests act and aim to impose these interests on society as a whole as their general
interest. In short: the emergence and spread of ideologies manifest themselves as the general trademark of
class societies (Lukács, 2013, p. 472).

If it is true that the social structure of each society determines interests, the existence of ideology is not
a particularity of a society of classes. Antagonistic interests were not present in societies with no social classes,
where the property of the means of production, or the exploitation of people by people were not possible.
However, ideology is present also in these societies, with content that is entirely different from that which
arises from the Neolithic Revolution (the period of agriculture and livestock). Thus, keeping the exact meaning
of Lukács’ (2013) concept of ideology, in which men try to impose their interests on the whole of society, the
notion of ideology experiences a certain expansion and its genesis appears somewhat modified (Lukács, 2013,
p. 472). The broad sense of ideology implies a certain social generalization of behaviors, of norms of human
action present and necessary for the social reproduction of this period of hunting and gathering. At this point,
the embryonic forms of what will become important in the ideologies that arise with social classes are observed.

As for this study, it is important for the problem addressed that the different relations between ideology
and alienation occur from ideology in the exact sense of
the word, as an instrument to
mediate conflicts within class societies whose interests are opposed to each other.
According to Lukács (2013, p. 473), because hunting dangerous beasts particularly requires very different modes of reaction, the behaviors determined as imperatively necessary by the practice of hunting emerge, at least simultaneously, with labor, but also earlier, and more intensively, due to its social importance.

Lukács (2013) supposes that the germs of conflict between the community and the singular man arise in the primitive times and that it would be a metaphysical prejudice to consider that there was a total identity of the social conscience of each person. Therefore, elements of ideology were already present in the earliest stages of social development, as is the case of what scientific research works find in archaeological studies and cave paintings. The latter clearly show that when favorable circumstances produce relative prosperity and thus leisure, societies of this kind can create products of great value (Lukács, 2013, p. 478).

In short, some ideological elements go back to the beginnings of social development, a fact that does not deny the ideological problems arising from the class struggle as later results, but, at the same time, it requires determining, in a broader way, its social function and, therefore, its genesis and effect (Lukács, 2013, p. 478). However, this in no way alters the fundamental problem: the social function of ideology requires interference in social conflicts, which does not mean unrestricted and exclusive restraint to class conflicts. In primitive societies, the class conflicts appear only in a latent way, given the underdeveloped conditions at that time of human history. As for the meaning of ideology as a function in class conflicts, it will take place much later, manifested only in societies based on the exploitation of people by people. It is only then that ideology acquires an exact nature, although with the possibility of operating as a false consciousness (and for that very reason the ideology also acquires a negative sense). However, this does not mean that all ideology is false consciousness, nor that there is an identity between science and ideology.

All work has an immediate objective, which is the reproduction of one’s own life, necessary for its preservation, an immediacy that is imposed on human. However, this immediacy can only be realized as the primary foundation of human existence if it suppresses itself (Lukács, 2013, p. 483). In this sense, the teleological positings that stands between need and satisfaction brings with it this suppression, because each teleological positings contains the possibility (in the Aristotelian sense of objectifying) of stimulating other positings, since the primary foundation of human existence if it suppresses itself (Lukács, 2013, p. 483). In this sense, the teleological positings that stands between need and satisfaction brings with it this suppression, because each teleological positings contains the possibility (in the Aristotelian sense of objectifying) of stimulating other positings, since the work refers to the person besides the work itself.

It is important to observe that these teleological positings, which Lukács (2013) calls secondary, are aimed at provoking a new behavior in other people and acquire increasing importance as the productive forces develop. It is crucial to understand that the (primary) teleological positings of labor starts a causal series, while the secondary unleashes a new teleological positings. This is of particular importance to our problem, on the one hand, because the secondary teleological positings constitute the ontological basis of ideology and, on the other hand, they have as object the consciousness of other people, which makes it impossible to exercise control such as that required in the metabolism with nature.

### Ideology, Alienation, and day-to-day life

Marx (2003) had demonstrated since the Manuscritos de Paris [The Paris Manuscripts] that the development of the productive forces is simultaneously a development to a higher level of human, even if this occurs inhumanly. This is precisely what happens from the society of classes, but not as mechanical effects since men who are embroiled in conflicts usually act rather spontaneously, directly motivated by what we call the ontology of everyday life (Lukács, 2013, p. 561). In everyday life, the immediate experiences of people are decisive and largely influenced by ideologies. In this way, it is possible to reflect on the relationship between ideology and alienation, considering the particularity this relationship assumes in capitalism.5

Against the prejudices of the ontology of everyday life, derived from the vulgar Marxism and the idealistic overestimation of the young Hegelians, Lukács (2013) makes clear that this is the complex problem of reification, whose natural starting point in the spontaneous ontology of everyday life is that much of the concrete data of nature is immediately found in the phenomenal form of things (Lukács, 2013, p. 550). For Lukács (2013), it is necessary to understand the objectified thing, based on its genetic process. When disregarding its genesis, things are apprehended as ready and finished (Lukács, 2013, p. 550).

When asked about their (the things) emergence, there is usually mention to a transcendent creator. This is what occurred in the myths such as Prometheus, to explain the use of fire, which objectively was undoubtedly a product of human activity; it is the same case observed later in the myths about the essence and power of money, and others, which even penetrate science and philosophy (Lukács, 2013, pp. 550-551).

The problem of reification in the context of Ontology lies in the formulations on the ideological aspects of alienation, typical of capitalism. Lukács (2013) considers reification as a kind of reflection6 of the objective world that requires an ontological examination of causality to be correctly understood. According to the author,
Final Considerations

This article is an effort to understand ideology and alienation, and their relationship based on the work *Para uma Ontologia do Ser Social* [Toward the Ontology of Social Being], by George Lukács (2013). In this...
work, ideology and alienation are considered as decisive for the radical critique of the society of classes, in particular of capitalism, a mode of production that brings peculiarities in the way of being of both ideology and alienation. Despite the incompleteness present in the Lukácian reflections on alienation, the author provides elements that contribute significantly to the thinking of the present society. Its ontological foundations, as seen, point to an antithesis between the development of productive forces and the growth of social individualities.

Ideology, in turn, constitutes an ideal mode of elaboration of reality whose primary aspect is to have a role in human-social conflicts. On the one hand, people produce generalizations that help them to recognize and confront the conflicts of daily life in the process of social reproduction. On the other hand, without dissociating from the first aspect, there is the exact sense of ideology as an instrument of social struggle in historical circumstances of interests that are antagonistic, therefore, class interests. In ontological terms, it is precisely the social role of ideology that connects it to the forms of alienation that have emerged since the first society of classes, slavery. It is in capitalism, however, that these relations will assume reifying forms based on the spectral character of the commodity.

For Lukác (2013) the alienations denote an ideological nature based on the immediacy of everyday life, often expressed in the way of being of real reifications, those that are characterized as alienations. Its ontological foundations lie in the commodity fetish as exposed by Marx (1988) in *Capital*. With the universalization of consumption and services in the global commodity trade, the *having* category, which emerge with the notion of private property, assumes a decisive role in the fundamental relations of men with the environment in which they live, in order to make them increasingly alienated. The (bourgeois) ideology here assumes a fundamental role in the sense of manipulating the consciousness to absorb needs that are characteristic of the reproduction of capital, as human needs.

The point here is to act on the conscience of people to trigger new teleological positing, in this case, aimed at strengthening the status quo. This is not to say that ideology is restricted to this aspect, since the ideological forms are legal, political, religious, artistic, or philosophical, and they have a specific role also presuppose a determined function in human-social conflicts, an ideal elaboration of reality in which the human becomes aware and confront the conflicts experienced.

**References**


Lukác, G. (2013). *Para uma ontologia do ser social II* [Toward the ontology of social being II] (N. Schneider, Trans.). São Paulo, Brazil: Boitempo.


**Notas**

1. These are unfolding of the research that the author has been developing after her doctorate, whose methodology has been immanent text analysis.
2. The laws of nature would never give rise to a table, for example, or any other social objectivity.
3. As this article is focused on the analysis by Lukác (2013), it is not my intention to expand this reflection to the discussion on ideology in Gramsci’s point of view.
5. Leandro Konder (2009), unlike some Marxists, reveals a continuity between the concept of alienation elaborated in the *Manuscritos de 1844* [Manuscripts of 1844] (the so-called *The Paris Manuscripts*), and the later development of Marx’s thought, which underlies several categories he analyzed. We do not believe that it would be difficult to demonstrate that the “commodity fetishism” studied in *Capital* represents an in-depth examination of one aspect of alienation, i.e., of economic alienation under capitalist society (Konder, 2009, p. 38).
6. Such prejudices can be summarized when Lukác, starting from the formulation of Marx and Engels (2003) in the work *A Ideologia Alemã* [The German Ideology] – about the fact that men, in developing their material production and exchange, also transform their reality, thinking, and the products of their thinking (Marx & Engels, 2007, p. 94 as cited in Lukác, 2013, p. 549) – criticizes the interpretations of this Marxian formulation by both vulgar Marxism and of Hegelian idealism. The vulgar Marxism concluded that all the non-strictly economic products of mankind would
be in direct and mechanical dependence on the economy (Lukács, 2013, p. 550). As for the bourgeois theories reflected in the Hegelian idealism, they protest any derivation of ideal modes of externalization from socio-economic foundations, claiming a totally autonomous, immanent-autonomous development, which can only be determined by legalities that are entirely internal to singular areas. It is possible to assume, one can speak here of determination (Lukács, 2013, p. 550).

7 In Capitalismo e Reificação [Capitalism and Reification], Paulo Netto (1981, p. 61) states that what distinguishes the Marxian imposition in the approach of the alienation in 1844 from the further thematization of fetishism, is the historical-social materialization to which Marx submits the object of his investigation. That is to say, the problematic of fetishism undergoes an analysis determined by the social relations of production that people establish among themselves, under precise circumstances. For this reason, the formulations on the problematic of fetishism present historical-economic determinations that are overcome when addressing alienation: they refer to a phenomenon and seize its specificity. It is no longer the alienation of modern man, abstractly opposed to the man of the Greek polis. These determinations denote the characteristic expression of the typical alienation engendered by capitalism, the reification.

8 The Lukacsian conception of reflex considers social objectivity as the predominant moment, it refers, therefore, to the ideal reproduction of the real movement of the object.

Maria Norma Alcantara Brandão Holanda
mnalcantara@uol.com.br
Doctor of Social Work from Universidade Federal do Rio de Janeiro (UFRJ)
Professor at the Faculty of Social Work of the Universidade Federal de Alagoas (UFAL)

UFAL
Av. Lourival Melo Mota, s/n – Tabuleiro do Martins
Maceió – Alagoas – Brazil
CEP: 57.072-900

Acknowledgments
I would like to give special thanks to two people: Sérgio Lessa, who introduced me in the 1990s to Lukács, and with whom I learned a lot over the years; and Gilmaisa Macedo da Costa, for the always relevant observations to improve this manuscript.

Ethics approval and consent to participate
Not applicable.

Consent for publication
Not applicable.

Competing interests
There are no competing interests.

Funding
Not applicable.

Authors’ contributions
Not applicable.