

Instructions to authors

Scope and Editorial Policy

The purpose of the **Brazilian Journal of Kinanthropometry and Human Performance** (BJKHP) is to publish the results of scientific research covering the areas of Kinanthropometry and Human Performance. BJKHP is targeted at professionals working in Physical Education and Sports Science. The journal publishes original articles and relevant Review and Point-of-View articles written in English, Spanish or Portuguese. BJKHP is published bimonthly and is indexed in the following databases: Lilacs, Sirc-SportDiscus, Latindex, Physical Education Index, IBICT-SEER, Genamics Journal Seek, DOAJ, Sumarios.org, IndexCopernicus International and CNEN.

The abbreviated form of the journal title to be used in citations and footnotes is **Braz. J. Kinanthropom. Hum. Performance**.

Manuscript Categories

Articles in the following categories will be accepted after evaluation of their compatibility with the scope and editorial policy of BJKHP: Original Scientific Articles, Review Articles, Point-of-View Articles, and Abstracts of Dissertations and Theses.

Original Articles

This section is dedicated to original research whose results are relevant and can be reproduced and/or generalized. Articles should be arranged as follows: Abstract in the same language as the article text, Abstract in English if the article is written in Portuguese or Spanish or Abstract in Portuguese if the article is in English, Introduction, Methods, Results, Discussion, Conclusions, and References.

Review Articles

A review article should provide a critical and systematic analysis of the literature and should be subdivided as follows: Abstract in the same language as the article text, Abstract in English if the article is written in Portuguese or Spanish or abstract in Portuguese if the article is in English, Introduction (including the procedures adopted and the scope of the subject discussed), Development, Final comments, and References.

Only articles from leading authors in that specific area of knowledge, which can be verified in curricular systems such as Lattes (CNPq), SciELO, PubMed, JCR, etc., will be accepted for publication.

Point-of-View Articles

This section is reserved for the expression of opinions on

subjects that illustrate either uncommon situations or contradictory issues and deserve a better understanding and attention by professionals working in Physical Education, Sports and related areas. These papers should include: Abstract in the same language as the article text, Abstract in English if the article is written in Portuguese or Spanish or Abstract in Portuguese if the article is in English, Introduction, Discussion topics, Final comments, and References.

Manuscript Format

Articles should be formatted to be printed on A4 paper (210 x 297 mm) in a single text column with 2.0 cm margins, 1.5 line spacing and Arial font, 12 point type. Each page should contain the page number in the upper right-hand corner starting with the first page as page 1.

Tables, boxes and Figures

Tables and Figures should be inserted at their appropriate positions in the text together with their titles and should be formatted to be presented within a width of 8 or 17 cm. Figure legends should be inserted below the figure, whereas the titles of tables should precede them and should conform to the example below.

Table 1. Kinanthropometric characteristics of adult male and female elite swimmers.

Graphics created on standard computer programs will be accepted. Graphics (Figures) should be submitted in jpg, gif, png, PDF and EPS formats only. Each figure and photo must be properly identified. A hard copy may be requested. If photos are used, they should be black/white or colour, clear, and show good contrast.

Article Structure

O texto deve ser digitado, na forma impessoal, respeitando o número de palavras da seção correspondente, bem como as normas da RBCDH (Tabela padrões limites de texto). O título do artigo deve ser conciso e informativo, evitando termos supérfluos e abreviaturas. Recomenda-se começar pelo termo mais representativo do trabalho, evitando a indicação do local e da cidade onde o estudo foi realizado.

First Page

- 1) manuscript category;
- 2) title in Portuguese, English and Spanish where applicable;
- 3) short title (to be used as the running head);
- 4) full names of all authors, their institutional affiliations, and country and state or region;

- 5) the name of the Ethics Committee granting approval, the Institution to which it is affiliated, and the number of the approval protocol/hearing;
- 6) full name and address, including e-mail, of the author responsible for the article;
- 7) if the article has received any type of funding, please indicate the type of funding received and the name of the source of finance;
- 8) electronic word count (this should include the abstracts in Portuguese and English, and the text including tables, figures and references);
- 9) the authors may indicate up to three members of the Review Board who they would like to analyze the article and, additionally, three members they would not like to be involved [optional].

Second Page

Abstracts: These should be presented below the titles in both languages, centered in bold, Arial font, 12 point type. The abstracts of original articles should be divided into the following sections: Introduction, Objectives, Methods, Results, and Conclusions. The abstracts of Review Articles should be descriptive. References should be avoided. Keywords (3 to 5) should be given immediately below each abstract, and should conform to the Health Sciences Descriptors, available at (<http://decs.bvs.br/>).

Standard word limits

	Original Article	Review Article	Point-of-View Article
Maximum number of authors	8	4	3
Title (maximum number of characters including spaces)	100	100	80
Short title (maximum number of characters including spaces)	50	50	50
Abstract (maximum number of words)	250	250	200
Article text (maximum number of words in text + tables + references)	4000	5000	2000
Maximum number of references	30	40	15
Maximum number of tables + figures	5	4	2

References

References should be numbered according to the order they appear in the text and should be formatted in the Vancouver style (<http://www.icmje.org>). Abbreviated journal titles should comply with Index Medicus/Medline usage as described in the List of Journals Indexed in Index Medicus, or available

at <http://www.nlm.nih.gov/>. Only indexed journals (ex. Index Medicus) should be cited. Reference numbers should be in superscript and separated by commas with no spaces (Example: Studies 2,8,26 indicate that...). If more than two references are cited in sequence, only the first and last should be given, separated by a hyphen (Example: 5-8). Citations of books, abstracts and home pages should be avoided and, together, should not account for more than 20% of the references. The editors encourage authors to cite articles published in BJKHP.

Below are some examples of the most common types of references.

- **Whole books**

Malina RM, Bouchard C. Growth, maturation and physical activity. Champaign: Human Kinetics; 1991.

- **Chapters of Books**

Petroski EL. Cineantropometria: caminhos metodológicos no Brasil. In: Ferreira Neto A, Goellner SV, Bracht V, organizadores. As ciências do esporte no Brasil. Campinas: Ed. Autores Associados; 1995. p. 81-101.

- **Dissertation/Thesis**

Yonamine RS. Desenvolvimento e validação de modelos matemáticos para estimar a massa corporal de meninos de 12 a 14 anos, por densitometria e impedância bioelétrica. [Tese de Doutorado – Programa de Pós-Graduação em Ciência do Movimento Humano]. Santa Maria (RS): Universidade Federal de Santa Maria; 2000.

- **Journal Articles (up to six authors)**

Silva SP, Maia JAR. Classificação morfológica de voleibolistas do sexo feminino em escalões de formação. Rev Bras Cineantropom Desempenho Hum 2003;5(2):61-68.

- **Journal Articles (more than six authors)**

Maia JAR, Silva CARA, Freitas DL, Beunen G, Lefevre J, Claessens A, et al. Modelação da estabilidade do somatotipo em crianças e jovens dos 10 aos 16 anos de idade do estudo de crescimento de Madeira – Portugal. Rev Bras Cineantropom Desempenho Hum 2004;6(1):36-45.

- **Articles and Abstracts published in Conference Proceedings**

Glaner MF, Silva RAS. Feasible mistakes in the increase or maintenance of the bone mineral density (Abstract). XI Annual Congress of the European College of Sport Science. Lausanne: 2006, p.532.

- **Electronic Documents**

Centers for Disease Control and Prevention and National Center for Health Statistics/CDC. CDC growth charts: United States. 2002; Available from: <<http://www.cdc.gov.br/growthcharts>> [2007 jul 03].

- **Acknowledgements**

Acknowledgements to persons who contributed in some way to the study, but who do not meet the requirements to be considered authors, should be placed after the references, with their permission. Financial, material and other support can also be acknowledged here.

Processo de submissão

All articles should be accompanied by Appendices 1, 2 and 3. Manuscripts should be submitted online at <http://www.periodicos.ufsc.br/index.php/rbcdh/login>

Evaluation of Articles

Preliminary Analysis

Manuscripts will only be forwarded to the reviewers after approval following a preliminary analysis of compatibility with the scope and editorial policy of BJKHP, article format and their potential for publication.

Peer review

The criteria on which the BJKHP bases acceptance of articles include: originality, data validity, effective communication, repercussions of the conclusions, and the scientific contribution made to Physical Education, Sports and related areas. Each manuscript will be evaluated by two Reviewers, and anonymity is guaranteed during the evaluation process.

The Reviewers will make specific and general comments about the scientific merit of the study and will decide whether the article should be accepted, rejected or accepted with corrections (the last decision does not guarantee publication). Corrected articles will go through a new evaluation process.

The Reviewers send their opinions to the Scientific Editor, who will forward the reply to the authors via electronic mail. Provided with the Reviewers' comments, the Editors will make the final decision. In the case of discrepancies between the opinions of the first two Reviewers, the opinion of a third Reviewer might be requested.

Journal Contact

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ATTACHMENT 1

Cover letter

To the editors of the Brazilian Journal of Kinanthropometry and Human Performance.

We hereby submit the article (INSERT FULL TITLE), That the authors have sufficiently contributed to publicly acknowledge their responsibility for its content.

That the manuscript is an original work and has not been published, in part or whole, and is not being considered for publication in any other journal, either in printed or electronic format.

That the research project has been approved by the Research Ethics Committee of the institution according to the Declaration of Helsinki and that written informed consent was obtained from all participants.

That animal experimentation was carried out according to institutional guidelines for the experimental use of animals.

Place and date, full name of all authors and their signatures.

ATTACHMENT 2

Conflicts of Interest

The undersigned authors of the article entitled (provide full title of manuscript) declare that they have () do not have () potential conflicts of interest regarding this article submitted to the Brazilian Journal of Kinanthropometry and Human Performance.

Place and date, full name of all authors and their signatures.

ATTACHMENT 3

Transfer of Publication Rights

The undersigned authors hereby transfer all publication rights of the article (provide full title of manuscript) to the Brazilian Journal of Kinanthropometry and Human Performance, and are aware that its reproduction in any other printed or electronic media, either in part or whole, is prohibited without prior authorization by the publisher. The undersigned guarantee the originality and exclusivity of the article, that it does not infringe upon any publication or other proprietary rights of any third party, and that it has not been submitted for consideration by any other journal.

Place and date, full name of all authors and their signatures.